

PHYSICAL EDUCATION



@ GFS

VISION



To provide an inculsive curriculum that allows learners to develop a range of physical and social skills. To give learners the confidence to develop a passion for sport in the later years of their lives.

STRATEGY

Through a well planned and delivered curriculum we aim to provide opportunities for learners to grow and develop a wide range of skills. Each year provides different challenges that will allow all learners to succeed.



PHYSICAL DEVELOPMENT

Our Curriculum aims to ensure all learners develop the fundamentals skills to excel in a range of activities through a broad and balanced curriculum to be enjoyed by

LEADEDQUID

Our PE lessons provide opportunities for independent learning and with that a chance for learners to lead activities and take control of their own learning. This enables learners to demonstrate an understanding of responsibility, showing respect to rules and developing communication and team work.





SOCIAL AND EMOTIONAL DEVELOPMENT

PE lessons are planned to be fun, engaging and competitive.
Competitive sports provide our learners to develop their social skills working together as a team. Through this it also provides opportunities to win modestly and lose gracefully and learn to experience different emotions through sport.

HEALTHY LIVESTYLES

We promote healthy lifestyles through our PE curriculum ensuring that physical activity is a key part of every lesson. We develop our learners' physical competence so they have the confidence and desire to be active healthy citizens and choose to engage in physical activity.

