

Key Stage 3 Curriculum Map 2021-22

Term 2

Subject: Physical Education		Year Group: 7		
Week/Date	Boys Objective	Girls Objective	Key Skills/UAE Links	Home Learning/Resources
3 rd Jan – 28 th Jan	<p style="text-align: center;">Basketball</p> <ul style="list-style-type: none"> Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games 	<p style="text-align: center;">Dance</p> <ul style="list-style-type: none"> Developing Performance, Evaluating and improving, choreographic principles. This will be using the stimulus of Parkour and Free running. 	<ul style="list-style-type: none"> Basketball- how to use basic principles of attack and defence to plan strategy and tactics for basketball. Dance- Rehearse the set movement material and their choreographed sections for the final performance <p>HARD WORKING-Practice LINKING-Generalisation</p>	<ul style="list-style-type: none"> Dance- Rehearse the set movement material and their choreographed sections for the final performance www.nba.com
31 st Jan-24 th Feb	<p style="text-align: center;">Gymnastics</p> <ul style="list-style-type: none"> Gymnastics- demonstrate skills individually and in combination. Will focus on developing stability when holding their own body position and when supporting a partner. Pupils incorporate control, precision and aesthetics into sequences showing creativity. Students will evaluate and assess movements 	<p style="text-align: center;">Tennis</p> <ul style="list-style-type: none"> To introduce and develop basic skills for competitive table tennis, including footwork, shot selection and shot execution. Introduction of tactics and both singles and doubles game play. Developing knowledge and understanding of the rules and role of the umpire. 	<ul style="list-style-type: none"> To understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. <p>HARD WORKING-Resilience META-THINKING-Strategy planning</p>	<p>https://tennisengland.co.uk/ Research rules and coaching points of tennis and watch YouTube videos for the perfect model.</p> <p>https://www.britishgymnastics.org/</p>

	to improve sequences.			
28 th Feb-24 th March	<ul style="list-style-type: none"> Badminton In this unit pupils' knowledge and understanding will be extended to successfully officiate and play both singles and doubles. This unit will also provide a platform for potential school team players and GCSE candidates and to provide increased leadership opportunities. 	<ul style="list-style-type: none"> Gymnastics Demonstrate skills individually and in combination. Will focus on developing stability when holding their own body position and when supporting a partner. Pupils incorporate control, precision and aesthetics into sequences showing creativity. Students will evaluate and assess movements to improve sequences. 	<ul style="list-style-type: none"> To analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best <p>HARD WORKING-Perseverance ANALYSING- Critical or logical</p>	<p>https://www.badmintonengland.co.uk/homepage.asp Research rules and coaching points of badminton and watch YouTube videos for the perfect model.</p> <p>https://www.britishgymnastics.org/</p>

Spring Break

UAE Links across the term

Within the PE department, we are encouraging students to be more aware of the Islamic values and to gain a deeper understanding of how they can be demonstrated in their PE lessons and Sport.

We use a 'values point' system that encourages students to consider how their opponents demonstrated Islamic values within a game setting, rather than just focusing on the score of the match. Students can gain points for demonstrating different values throughout the activities we offer and our aim is for them to make connections with the wider community, linking sporting examples to everyday life scenarios.



Positive PE Postcards

When students demonstrate their understanding of an Islamic value either through sporting activities in PE or in extra-curricular activities, we reward them with 'Positive PE Postcards'. The postcards are a reward for our students when they exhibit their understanding and practical application of an Islamic value.

