

## Key Stage 4 Curriculum Map 2021 - 2022

### Term 2

Subject: Physical Education		Year: 11	
Focus/Topic	Objectives	Key Skills/ UAE Links	Home Learning / Reading
3 <sup>RD</sup> January – 7 <sup>th</sup> January Mental Preparation for Performance	<ul style="list-style-type: none"> <li>• Use of Warm up for mental preparation</li> <li>• Use of mental rehearsal</li> <li>• Benefits of mental rehearsal</li> </ul>	<b>Agile – Creating and Enterprising</b>  Using past experiences and research for mental preparation benefits	<a href="https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.html">https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.html</a>  Practical-Any local clubs in your area to help improve your practical sport
10 <sup>th</sup> – 14 <sup>th</sup> January Participation in Sport and Physical activity	<ul style="list-style-type: none"> <li>• Understanding factors affecting participation in sport: Gender, age, socio-economic group, ethnicity, disability</li> <li>• Barriers to sport</li> </ul>	<b>AGILE- Enquire-</b> Research about barriers in the UK and UAE.	Link to the BBC Bitesize website, Teach PE and exam question
17 <sup>th</sup> – 21 <sup>st</sup> January <ul style="list-style-type: none"> <li>• Commercialisation and Physical activity in sport</li> </ul>	The relationship between commercialisation, the media and physical activity and sport	<b>AGILE- Enquire-</b> Research about commercialization in your sport. Research current sporting events and how they are commercialized.	
23 <sup>rd</sup> – 28 <sup>th</sup> January	<ul style="list-style-type: none"> <li>• The advantages and disadvantages of commercialisation and the media for:</li> </ul>	<b>Hard-working-Practice-</b>	Teacher provided exam questions

Commercialisation and physical activity in sport	the sponsor, the sport, the player/performer, the spectator	Practice past exam questions on topic summary	
31 <sup>st</sup> January – 4 <sup>th</sup> February Ethical and Socio-cultural Issues in Physical Activity and Sport	<ul style="list-style-type: none"> <li>• Sporting behaviours Sportsmanship, gamesmanship.</li> </ul>	<p><b>Hard work- Resilience-</b> Work through the different exam questions on sportsmanship and gamesmanship</p> <p>Research famous examples within your sport.</p>	<p>BBC SPORT/ SKY SPORTS ARCHIVE</p> <p>Pearson Exam wizard</p>
6 <sup>th</sup> February – 11 <sup>th</sup> February Ethical and Socio-cultural Issues in Physical Activity and Sport	<p>Deviance in sport</p> <ul style="list-style-type: none"> <li>• Types of deviancy in sport</li> <li>• Reasons for, and consequences of, deviance at elite level.</li> </ul>	<p><b>Hard work Practice-</b> Go back through class notebook notes and respond to all teacher feedback to improve on work, developing on improvement areas for your assessment</p>	Command word task sheet to help with assessments
Half Term			
Revision for Paper 1 and 2 – ongoing until exam	<p>Retrieval practice</p> <p>Exam 9 mark question technique</p> <p>Past exam papers</p>		
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Spring Break			