









Key Stage 4 Curriculum Map 2020 - 2021

Term 3

Subject: Psychology	Year: 11	
Focus/Topic	UAE Links	Home Learning / HPL Link
<p>Psychological Problem: An introduction to mental health</p> <ul style="list-style-type: none"> • Characteristics of mental health • Cultural variations in belief about mental health problems. • How the incidence of significant mental health problems changes over time. 	The top mental issues in the UAE Society – Gulf News	Apply It concept TB 219 Check it Questions T B 219 
Effects of significant mental health problems on individuals and society. <ul style="list-style-type: none"> • Individual effects • Social effects. 	Psychology and mental health services in the United Arab Emirates (apa.org)	Apply it concept TB 221 Check it questions TB 221 
Depression <ul style="list-style-type: none"> • Characteristics of clinical depression • Difference between unipolar and bipolar depression and sadness • The use of international classification of Diseases in diagnosing unipolar depression. 	Depression in Dubai - German Neuroscience Center (gncdubai.com)	Apply it Research TB 222 Check it Question TB 223 
Theories of depression <ul style="list-style-type: none"> • Biological explanation (influence of nature): imbalance of neurotransmitters, eg serotonin in the brain. • Psychological explanation (influence of nurture): negative schemas and attributions. 	Depression a growing problem among youngsters, UAE doctors warn The National (thenationalnews.com)	Apply it concept TB 225 Check it Questions TB 225 Apply it Research TB 227 Check it Question TB 227 
Intervention or therapies of depression <ul style="list-style-type: none"> • Use of antidepressant medications. • Cognitive behaviour therapy (CBT). • Wiles' study of the effectiveness of CBT. • How these improve mental health, reductionist and holistic perspectives. 	Depression Treatment in Dubai UAE Depression Therapy Center (chmc-dubai.com)	Apply it concept TB 229 Check it Questions TB 229 Apply it Concept TB 231 Check it Questions TB 231 

<p>Characteristics of addiction</p> <ul style="list-style-type: none"> • The difference between addiction/dependence and substance misuse/abuse. • The use of International Classification of Diseases in diagnosing addiction (dependence syndrome), including a strong desire to use substance(s) despite harmful consequences, difficulty in controlling use, a higher priority given to the substance(s) than to other activities or obligations. 	<p>About Addiction (chmc-dubai.com)</p>	<p>Apply it concept TB 235 Check it Questions TB 235</p> 
<p>Theories of addiction</p> <ul style="list-style-type: none"> • Biological explanation (influence of nature): hereditary factors/genetic vulnerability. • Kaij's twin study of alcohol abuse. • Psychological explanation (influence of nurture): peer influence. 	<p>Treatment, not punishment, UAE drug addicts assured Uae – Gulf News</p>	<p>Apply it Research TB 237 Check it Question TB 237</p> <p>Apply it Concept TB 239 Check it Questions TB 239</p> 
<p>Intervention and therapies of addiction</p> <ul style="list-style-type: none"> • Aversion therapy. • Self-management programmes, e.g. self-help groups, 12-step recovery programmes. • How these improve mental health, reductionist and holistic perspectives. 	<p>Effective Drug Addiction Treatment for United Arab Emirates (thecabinchiangmai.com)</p>	<p>Apply it research TB 241 Check it Questions TB 241</p> <p>Apply it concept TB 243 Check it Questions TB 243</p> 
<p>Revision/ Progress check</p>		<p>TB 248-249</p>
<p>A Level Preparation</p>		<p>HPL : Agile – Open minded</p>
<p>A Level Preparation</p>		<p>HPL: Analysing – Critical thinking</p>
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<p>Summer Break</p>		