



#Wellbeing First

April 2025



Dear GFS Community,

April marks our return from spring break and Eid holidays as we begin Term 3. For our older students, this is a significant time as they prepare to sit their GCSEs and A-Levels. A great deal of preparation has already taken place, and we continue to support them as they approach this important milestone.

This month, we also celebrated World Earth Day and Librarian Appreciation Day, recognising both environmental responsibility and the incredible work of our library team.

To start the new term, we've also re-shared all key wellbeing support resources with students via our Upstrive and Classroom Phoenix platforms—ensuring they know where to access help, guidance, and encouragement whenever they need it.

Family First Healthy Plate Challenge

This month, we launched our latest Family First initiative in celebration of GEMS World Food Day — the Healthy Plate Challenge!

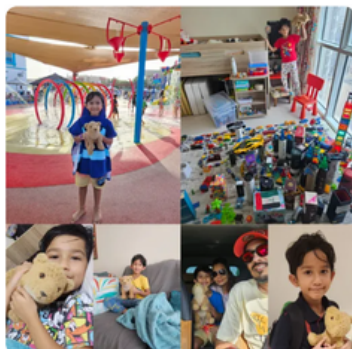
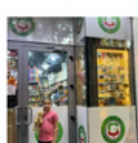
It was a fantastic opportunity for our GFS community to come together as families and get creative with healthy food. Thank you to everyone who took part — we received some incredible entries, and the winners will be announced soon!

📱 Scan the QR code to view all of the amazing submissions.



Primary Update

Throughout April Asad has been enjoying lots more adventures with his KS1 friends, including visiting the adventure park and spending time with our students families.

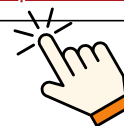


Secondary Update

Throughout Term 2, we have been diligently preparing our students for their upcoming GCSE exams, they have been revising and practicing in lessons and have been given hints and tips in assemblies. However, we know it can be a daunting time for our students, so here is a reminder of the people you can reach out to if you need any extra support in the approach to the examinations:

- Mr Jonathon - Head of Welfare
J.bateman_gfs@gemsedu.com
- Ms Robyn - Head of KS4 Student Welfare
R.luckman_gfs@gemsedu.com
- Ms Leanne - Head of KS5 Student Welfare
L.oung_gfs@gemsedu.com
- Ms Stephani - School Counsellor
S.juriansz_gfs@gemsedu.com

[Exam Preparation Tips](#)



Most of all we wish you all the best of luck!