



## OUR SCHOOL COUNSELORS



Sabina Livingbel  
Lead Counselor & Sr. Counseling  
Supervisor



Stepheni Nathania Juriansz  
Student Counselor (Secondary)



Visal Vishnu Student Counselor  
(Primary & Secondary)



Visal Vishnu Student Counselor  
(Primary & Secondary)

I am Visal, an experienced student counselor with expertise in primary and secondary counseling. My focus is on guiding students, parents, and teachers through emotional challenges.

I strongly believe that everyone possesses unique talents waiting to be uncovered.

I am a proponent of active listening and keen observation. These skills are pivotal in fostering personal growth.

Beyond my counseling role, I am a culture enthusiast. Exploring diverse cultures through meaningful conversations is a source of great joy. Recently, I've also developed a passion for videography to share inspiring stories.

I am thrilled to embark on this journey to counsel and support the GFS Community with my fullest potential.



Stepheni Nathania Juriansz  
Student Counselor (Secondary)

Hello, my name is Ms. Stepheni Juriansz and I am thrilled to start my journey with GFS as the secondary school counselor. I have lived in the UAE my entire life and this experience adds a unique perspective of students' experiences in the region.

While students navigate school and life, it is important that they have access support that can help maintain a healthy mentality and thrive both socially and emotionally. As a passionate counsellor, I look forward to providing this support, through a student-centered and goal-oriented counselling approach. I believe that with the right guidance, students will be able to develop positive self-perceptions, strengthen relationships and be motivated to form and work toward their own goals.

I look forward to meeting and getting to know you and your children, so that this school year can be full of fun and learning!



## TYPES OF SUPPORT

- Individual counseling
- Group counseling
- Child protection and safeguarding concerns
- Workshop and student talks
- Parent consultations
- Community resource referrals
- Grief and bereavement counseling
- Brief solution focused counseling
- Support with transitions
- Regular well-being support and check-ins
- Well-being activities



## SUPPORT FOR PARENTS

- Exploring ways to help your child succeed
- Support for improving parent child communications
- Making referrals for community sources
- Career guidance and counseling
- Information and support for mental health concerning your child

## SUPPORT FOR STUDENTS

- Managing feelings and emotions
- Social skills
- Grief and bereavement
- Academic skill support
- Adjusting to a new school
- Setting goals



## MEET YOUR SCHOOL COUNSELORS

- Sabina Livingbel - Lead Counselor
- Stepheni Juriansz - School Counselor
- Visal Venu - School Counselor

## CONTACT

Write to us on:  
[counsellor\\_gfs@gemsedu.com](mailto:counsellor_gfs@gemsedu.com)



## PLEASE NOTE

- School counselors do not provide therapy or traditional counseling
- Referrals for outside counseling are available for students experiencing grief, divorce, family separation and other mental health and well-being concerns
- Specialist support will be recommended if the student does not progress with school counseling support

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[FOR MORE INFORMATION ABOUT COUNSELING SUPPORT - CLICK HERE](#)

