

Year: 8 Subject: PE



Term	Week	Focus	Summary	Learning Outcomes	Learning skills
TERM 2.1	1	Boys – Gymnastics <i>Girls - football</i>	Replicate set phrase Possession	Accurately replicate a set phrase to introduce basic steps of gymnastics Demonstrate a range of skills to keep possession within Basketball such as 3 man weave and ball handling skills	Learners will have opportunity to build upon their knowledge of components of fitness to link to various skills and games. (ACP Linking) Critical Thinking - provide a problem whereby a CoF is only demonstrated. What solution can you demonstrate to overcome this?
	2	Boys – Gymnastics Girls - football	Creating your routine Attacking	Develop the sequence applying the themes of Gymnastics Apply principle of attacking strategies to outwit opponent	Learners will have opportunity to build upon their knowledge of components of fitness to link to various skills and games. (ACP Linking)
	3	Boys – Gymnastics <i>Girls - football</i>	Assessment Defending/Assessment	Perform routine through self and peer assessment Apply defensive strategies such as man to man or zonal to be successful in small sided games. To link previous skills in conditioned games	Learners will have opportunity to build upon their knowledge of components of fitness to link to various skills and games. (ACP Linking) Critical Thinking - design a method of training for a specific activity/sports person. To be completed as a group.
	4	Boys - Cricket Girls - Tennis	Possession Replicate set phrase	Demonstrate a range of skills to keep possession within Basketball such as 3 man weave and ball handling skills Accurately replicate a set phrase to introduce basic steps of the dance	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) <u>Critical Thinking - Analysing, provide a problem whereby a certain area is out of bounds on the field/floor, in your own half of the table. What solution can you demonstrate to overcome this?</u>



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	5	Boys - Cricket <i>Girls - Tennis</i>	Attacking Creating your routine	Apply principle of attacking strategies to outwit opponent Develop the sequence applying the themes of Dance	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
Term	Week	Focus	Summary	Learning Outcomes	Learning skills
Term 2.2	1	Boys - Cricket <i>Girls - Tennis</i>	Defending/Assessment Assessment	Apply defensive strategies such as man-to- man or zonal to be successful in small-sided games. To link previous skills in conditioned games Perform routine through self and peer assessment	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
	2	Boys – Invasion Games <i>Girls-</i> <i>Gymnastics</i>	Possession Create basic shapes	Demonstrate basic skills to keep possession within Football and Netball such as passing and ball control	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) <u>Collaborative Learning – specified roles throughout the activity coach, manager, warm up coach, equipment lead</u>
	3	Boys – Invasion <i>Girls</i> - <i>Gymnastics</i>	Attacking Flight	Apply appropriate attacking strategies to create scoring opportunities	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
	4	Boys - Invasion Girls- Gymnastics	Defending/Assessment **Travel**	Apply defending techniques to regain possession. To link previous skills in conditioned games	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) <u>Collaborative Learning – specified roles throughout the activity coach, manager, warm up coach, equipment lead</u>



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5	Boys – Badminton Girls - Rounders	Serve Batting	Apply defending techniques to regain possession. To link previous skills in conditioned games	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
6	Boys – Badminton <i>Girls - Rounders</i>	Attacking Shots Bowling	Apply defensive strategies such as man to man or zonal to be successful in small sided games. To link previous skills in conditioned games Perform routine through self and peer assessment	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
		Replication of Athletics Skills	Accurate replication of skills in height events such as high jump	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) Collaborative Learning – specified roles throughout the activity coach, manager, warm up coach, equipment lead