

Year: 7 Subject: PE



Term	Week	Focus	Summary	Learning Outcomes	Learning skills
Term 2.1	1	Boys – Gymnastics <b>Girls - football</b>	Replicate set phrase <i>Possession</i>	Accurately replicate a set phrase to introduce basic steps of gymnastics <i>Demonstrate a range of skills to keep</i> <i>possession within Basketball such as 3 man</i> <i>weave and ball-handling skills</i>	Learners will have opportunity to build upon their knowledge of components of fitness to link to various skills and games. (ACP Linking) <u>Critical Thinking - provide a</u> <u>problem whereby a CoF is only</u> <u>demonstrated. What solution can you</u> <u>demonstrate to overcome this?</u>
	2	Boys – Gymnastics <b>Girls - football</b>	Creating your routine <i>Attacking</i>	Develop the sequence applying the themes of Gymnastics Apply principle of attacking strategies to outwit opponent	Learners will have opportunity to build upon their knowledge of components of fitness to link to various skills and games. (ACP Linking)
	3	Boys – Gymnastics <b>Girls - football</b>	Assessment <b>Defending/Assessment</b>	Perform routine through self and peer assessment Apply defensive strategies such as man to man or zonal to be successful in small sided games. To link previous skills in conditioned games	Learners will have opportunity to build upon their knowledge of components of fitness to link to various skills and games. (ACP Linking) <u>Critical Thinking - design a</u> <u>method of training for a specific</u> <u>activity/sports person. To be completed as</u> <u>a group.</u>
	4	Boys - Cricket <i>Girls - Tennis</i>	Possession <i>Replicate set phrase</i>	Demonstrate a range of skills to keep possession within Basketball such as 3 man weave and ball handling skills Accurately replicate a set phrase to introduce basic steps of the dance	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) <u>Critical Thinking - Analysing, provide a</u> <u>problem whereby a certain area is out of</u> <u>bounds on the field/floor, in your own half</u> <u>of the table. What solution can you</u> <u>demonstrate to overcome this?</u>

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	5	Boys - Cricket <i>Girls - Tennis</i>	Attacking Creating your routine	Apply principle of attacking strategies to outwit opponent Develop the sequence applying the themes of Dance	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
Term	Week	Focus	Summary	Learning Outcomes	Learning skills
	1	Boys - Cricket <i>Girls - Tennis</i>	Defending/Assessment Assessment	Apply defensive strategies such as man-to-man or zonal to be successful in small-sided games. To link previous skills in conditioned games <b>Perform routine through self and peer</b> <b>assessment</b>	Learners will need to demonstrate resilience and perseverance within the activities to develop their skills (VAA Hardworking)
Term 2.2	2	Boys – Invasion Games <b>Girls-</b> <b>Gymnastics</b>	Possession <i>Create basic shapes</i>	Demonstrate basic skills to keep possession within Football and Netball such as passing and ball control	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) <u>Collaborative Learning – specified roles</u> <u>throughout the activity coach, manager,</u> <u>warm up coach, equipment lead</u>
Ter	3	Boys – Invasion <i>Girls-</i> <i>Gymnastics</i>	Attacking <i>Flight</i>	Apply appropriate attacking strategies to create scoring opportunities	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
	4	Boys - Invasion <b>Girls-</b> <b>Gymnastics</b>	Defending/Assessment <i>Travel</i>	Apply defending techniques to regain possession. To link previous skills in conditioned games	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) <u>Collaborative Learning – specified roles</u> <u>throughout the activity coach, manager,</u> warm up coach, equipment lead



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5	Boys – Badminton <b>Girls -</b> Rounders	Serve <b>Batting</b>	Apply defending techniques to regain possession. To link previous skills in conditioned games	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
6	Boys – Badminton <b>Girls -</b> <b>Rounders</b>	Attacking Shots <i>Bowling</i>	Apply defensive strategies such as man to man or zonal to be successful in small sided games. To link previous skills in conditioned games <b>Perform routine through self and peer</b> <b>assessment</b>	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking)
		Replication of Athletics Skills	Accurate replication of skills in height events such as high jump	Learners will need to demonstrate resilience and perseverance in within the activities to develop their skills (VAA Hardworking) <u>Collaborative Learning – specified roles</u> <u>throughout the activity coach, manager,</u> <u>warm up coach, equipment lead</u>