



## **Physical Education**

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Term	Date	Focus Applied Anatomy and Physiology	Summary Energy Systems	Learning Outcomes Energy transfer in the body
		Skill Acquistion	Energy Systems Start Year 13 Content and Coursework	Personality In sport
		Sport and Society	Post-World War II (1950 to present)	Factors affecting the emergence of elite female performers in football
	10/04/23	Sport and Society	1 ost world war ii (1930 to present)	(players and officials), tennis and athletics in late 20th and early 21st century
•	10/04/23	Applied Anatomy and Physiology	Energy Systems	Energy continuum of physical activity
		Skill Acquistion	Start Year 13 Content and Coursework	Attitude in sport
		Sport and Society	Post-World War II (1950 to present)	The interrelationship between commercialisation (including sponsorship), media (radio, TV, satellite, internet
	17/04/23	<u>'</u>		and social media) and sports and governing bodies.
		Applied Anatomy and Physiology	Energy Systems	Energy transfer during short duration/high intensity exercise
		Skill Acquistion	Start Year 13 Content and Coursework	Arousal in sport
		Sport and Society	Post-World War II (1950 to present)	The changing status of amateur and professional performers (limited to development of association football,
	24/04/23			tennis and athletics).
		Applied Anatomy and Physiology	Energy Systems	Energy transfer during long duration/lower intensity exercise
		Skill Acquistion	Start Year 13 Content and Coursework	Anxiety in sport
		Sport and Society	Post-World War II (1950 to present)	Factors affecting the emergence of elite female performers in football (players and officials), tennis and athletics
	01/05/23			in late 20th and early 21st century.
			Energy Systems	Energy transfer during long duration/lower intensity exercise
		Skill Acquistion	Start Year 13 Content and Coursework	Aggression in sport
	22/25/22	Sport and Society	Post-World War II (1950 to present)	Factors affecting the emergence of elite female performers in football (players and officials), tennis and athletics
-	08/05/23	Analiad Anakanan and Bharialana	5 6 .	in late 20th and early 21st century.
		1	Energy Systems	Factors affecting VO2 max/aerobic power.
		Skill Acquistion Sport and Society	Non-Examined Assessment (NEA) – Coursework	To analyse and evaluate, using appropriate theoretical content from the specification, a performance as either player/performer or coach, in on activity from the specification
		Sport and Society	The impact of sport on society and of society on	Understanding of the key terms relating to the
			sport	study of sport and their impact on equal
	15/05/23		isport	opportunities in sport and society.
	13/03/23	Applied Anatomy and Physiology	Energy Systems	Factors affecting VO2 max/aerobic power.
		Skill Acquistion	Non-Examined Assessment (NEA) –	To analyse and evaluate, using appropriate theoretical content from the specification, a performance as
		Sport and Society	Coursework	either player/performer or coach, in on activity from the specification
		<u>'</u>		Understanding social action theory in relation to social issues in physical activity and sport.
3			sport	
erm	22/05/23			
<u> </u>		Applied Anatomy and Physiology	Energy Systems	Measurements of energy expenditure
		Skill Acquistion	Non-Examined Assessment (NEA) –	To analyse and evaluate, using appropriate theoretical content from the specification, a
		Sport and Society	Coursework	performance as either player/performer or coach, in on activity from the specification
			The impact of sport on society and of society on	Underrepresented groups in sport - Disability. Ethnic group. Gender. Disadvantaged.
			sport	
	29/05/23			
		1	Energy Systems	Measurements of energy expenditure
		Skill Acquistion	Non-Examined Assessment (NEA) –	To analyse and evaluate, using appropriate theoretical content from the specification, a
		Sport and Society	Coursework	performance as either player/performer or coach, in on activity from the specification
				The barriers to participation in sport and physical activity and possible solutions to overcome them for
	05/06/22		sport	underrepresented groups in sport.
1 [	05/06/23			

	Applied Anatomy and Physiology	Energy Systems	Impact of specialist training methods on energy systems
	Skill Acquistion	Non-Examined Assessment (NEA) –	To analyse and evaluate their own performance or the performance of another, as long as it is an activity
	Sport and Society	Coursework	from the specification.
		The impact of sport on society and of society on	Benefits of raising participating – health, fitness and social benefits
		sport	
12/06/23			
	Applied Anatomy and Physiology	Energy Systems	Impact of specialist training methods on energy systems
	Skill Acquistion	Non-Examined Assessment (NEA) –	To analyse and evaluate their own performance or the performance of another, as long as it is an activity
	Sport and Society	Coursework	from the specification.
		The impact of sport on society and of society on	Benefits of raising participating – health, fitness and social benefits
		sport	
19/06/23			
26/06/23			
	Applied Anatomy and Physiology	Energy Systems	Impact of specialist training methods on energy systems
	Skill Acquistion	Non-Examined Assessment (NEA) –	To analyse and evaluate their own performance or the performance of another, as long as it is an activity
	Sport and Society	Coursework	from the specification.
		The impact of sport on society and of society on	The interrelationship between Sport England, local and national partners to increase participation at grass roots
		sport	level and under represented groups in sport.
03/07/23			