





Physical Education

Term	Focus	Summary	Learning Outcomes
	Boys - Badminton	Serving	Develop an understanding for basic rules and techniques to serve
	Girls - Football	Attacking	Apply appropriate attacking strategies to create scoring opportunitie s
	Boys - Badminton <i>Girls - Football</i>	Maintaining a rally <i>Possession</i>	Perform the overhead and net shot accurately to maintain a rally Demonstrate basic skills to keep possesion within Football and Netball such as passing and ball control
	Boys - Badminton Girls - Football	Game play Defending/Assessment	Link two basic shots to apply into a game and follow key rules within Badminton Apply defeding techniques to regain possession. To link previous skills in conditioned games
	Boys - Handball Girls - Rounders	Ball Handling <i>Fielding</i>	Perform basic methods to keep control of the ball through dribbling and passing Perform various ways to intercept the ball and throw the ball accurately
	Boys - Handball	Shooting	Demonstrate basic shooting techniques with the correct footwork
	Girls - Rounders	Batting	Perform various batting techniques to strike the ball accurately into space
Term 2	Boys - Handball Girls - Rounders	Defending/Assessment Shooting	Link previous skills and apply in conditioned games To apply skills from previous lessons into conditioned games
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	Boys- Tennis	Serving	Develop an understanding for basic rules and techniques to serve
	Girls - Gymnastics	Group Based Performance	Demonstrate body control through a range of balancing.
	Boys- Tennis	Maintaining a rally	Perform forehand and backhand shot accurately to maintain a rally
	Girls - Gymnastics	Group Based Performance	Demonstrate how to link various shapes and balances through travel
	Boys- Tennis	Game play	Link shots to apply into a game and follow key rules within Tennis
	Girls - Gymnastics	Assessment	Create a routine/performance that demonstrates skills such balance, travel and rolls.
	Boys-Cricket	Fielding	Perform various ways to intercept the ball and throw the ball accurately
	Girls - Tennis	Serving	Develop an understanding for basic rules and techniques to serve
	Boys-Cricket <i>Girls - Tennis</i>	Batting Maintaining a rally	Perform various batting techniques such front foot drive and pull/cut shot to strike the ball accurately into space Perform forehand and backhand shot accurately to maintain a rally