

Term	Week	Date	Focus	Summary	Learning Outcomes	
Term 2	15	02/01/23	Boys - Gymnastics Girls - Football	Group Based Performance Possession	Demonstrate body control through a range of counter and tension balances. Demonstrate basic skills to keep possession within Football such as short and long passing.	
	16	09/01/23	Boys - Gymnastics Girls - Football	Group Based Performance Attacking	Demonstrate how to link various shapes and balances through travel on various pieces of equipment Apply appropriate attacking strategies to create scoring opportunities	
	17	16/01/23	Boys - Gymnastics Girls - Football	Group Based Performance/Assessment Defending/Assessment	Create a routine/performance that demonstrates skills such balance, travel and rolls on pieces of equipment. Apply defending techniques such as man to man or zonal possession. To link previous skills in conditioned game s	
	18	23/01/23	Boys - Cricket Girls - Tennis	Fielding Serving	Perform various ways to intercept the ball and throw the ball accurately Develop an understanding for basic rules and techniques to serve overhead.	
	19	30/01/23	Boys - Cricket Girls - Tennis	Batting Maintaining a rally	Perform various batting techniques such front foot drive and pull/cut shot to strike the ball accurately into space Perform the forehand and backhand accurately to maintain a rally	
	20	06/02/23	Boys - Cricket Girls - Tennis	Bowling Game Play	Demonstrate accurate bowling technique to stop the batter scoring runs Link two or more shots to apply into a game and follow key rules within Badminton	
		13/02/23				
	21	20/02/23	Boys - Invasion Games Girls- Gymnastics	Possession Group Based Performance	Possesion based games delivered through Rugby. Demonstrate body control through a range of balancing.	
	22	27/02/23	Boys - Invasion Games Girls- Gymnastics	Attacking Principles Group Based Performance	Conditioned games to develop attacking priciples through width and depth Demonstrate how to link various shapes and balances through travel	
	23	06/03/23	Boys - Invasion Games Girls- Gymnastics	Defending Principles/Assessment Group Based Performance/Assessment	Conditioned acitivities to be able to regain possession effectively Create a routine/performance that demonstrates skills such balance, travel and rolls.	
24	13/03/23	Boys - Badminton Girls - Rounders	Serving Fielding	Develop an understanding for basic rules and techniques to serve Perform various ways to intercept the ball and throw the ball accurately		
25	20/03/23	Boys - Badminton Girls - Rounders	Maintaining a rally Batting	Perform the overhead and net shot accurately to maintain a rally Perform various batting techniques to strike the ball accurately into space		