

Year 7

Subject Physical Education



Term	Week	Date	Key Dates	KS Events	Focus	Summary	Learning Outcomes
				U12 Boys Basketball DASSA	Boys - Gymnastics	Individual Based Performance	Demonstrate body control through a range of balancing.
				U12 Girls Basketball in DASA			
				U12 Girls Netball in DASSA	Girls - Football	Possession	Demonstrate basic skills to keep possesion within Football such as passing
	15	02/01/23		U13 Boys Criket in DASSA			and ball control
				Continued to the end of term 2	Boys - Gymnastics	Individual Based Performance	Demonstrate how to link various shapes and balances through travel
				DUBAI SCHOOL GAMES FOOTBALL			· · ·
					Girls - Football	Attacking	Apply appropriate attacking strategies to create scoring opportunities
	16	09/01/23				_	
					Boys - Gymnastics	Individual Based	Create a routine/performance that demonstrates skills such balance, travel and
						Performance/Assessment	rolls.
					Girls - Football		
						Defending/Assessment	Apply defeding techniques to regain possession. To link previous skills in
	17	16/01/23	Thu 19th Staff PD				conditioned game s
					Boys - Cricket	Fielding	Perform various ways to intercept the ball and throw the ball accurately
							Develop an understanding for basic rules and techniques to serve
	18	23/01/23		DUBAI SCHOOL GAMES CRICKET	Girls - Tennis	Serving	
					Boys - Cricket	Batting	Perform various batting techniques to strike the ball accurately into space
							Perform the forehand and backhand accurately to maintain a rally
	19	30/01/23			Girls - Tennis	Maintaining a rally	
Term 2					Boys - Cricket	Bowling	Demonstrate accurate bowling technique to stop the batter scoring runs
							Link two basic shots to apply into a game and follow key rules within
					Girls - Tennis	Game Play	Badminton
	20	06/02/23					
		13/02/23			Schoo	ol Break Half Term February	
				DUBAI SCHOOL GAMES ATHLETICS	Boys - Invasion Games	Possession	Possesion based games delivered through Rugby.
					Girls- Gymnastics	Individual Based Performance	Demonstrate body control through a range of balancing.
	21	20/02/23					
					Boys - Invasion Games	Attacking Principles	Conditioned games to develop attacking priciples through width and depth
					Girls- Gymnastics		Demonstrate how to link various shapes and balances through travel
	22	27/02/23				Individual Based Performance	
					Boys - Invasion Games	Defending Principles/Assessment	Conditioned acitvities to be able to regain possession effectively
					Girls- Gymnastics	Individual Based	Create a routine/performance that demonstrates skills such balance, travel
	23	06/03/23				Performance/Assessment	and rolls.
					Boys - Badminton	Serving	Develop an understanding for basic rules and techniques to serve
					Girls - Rounders	Fielding	Perform various ways to intercept the ball and throw the ball accurately
	24	13/03/23	Tue 14th Staff PD	DUBAI SCHOOL GAMES NETBALL			
					Boys - Badminton	Maintaining a rally	Perform the overhead and net shot accurately to maintain a rally
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					Girls - Rounders	Batting	Perform various batting techniques to strike the ball accurately into space
	25	20/03/23					