

## Key Stage 3 Curriculum Map 2021-22

| Subject: Food Technology  |  | Year: 8   |  |
|---|--|---|--|
| Focus/Topic   | UAE Links                                  | HPL Links   | Home Learning / Guided Reading   |
| Welcome to Food Technology <ul style="list-style-type: none"> <li>- Introduction, curriculum orientation and expectations</li> </ul>  |  |   |  |
| <ul style="list-style-type: none"> <li>● Hygiene &amp; Safety: Personal / Food / Kitchen               <ul style="list-style-type: none"> <li>- <i>The importance of good personal hygiene when handling food.</i></li> <li>- <i>To listen actively and share opinions.</i></li> <li>- <i>To respect the views and opinions of others.</i></li> <li>- <i>To incorporate the use of ICT to create a list of important safety rules to follow when handling and preparing foods.</i></li> </ul> </li> </ul> | <b>Food Watch Platform</b>                 | <ul style="list-style-type: none"> <li>● Linking</li> <li>● Analysing</li> <li>● Creating</li> </ul>      | <ul style="list-style-type: none"> <li>● Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites<br/> <a href="https://www.youtube.com/watch?v=k9Dvr1Xzrw0">https://www.youtube.com/watch?v=k9Dvr1Xzrw0</a> </li> </ul> |
| <ul style="list-style-type: none"> <li>● Food Poisoning – 4C's / Food Storage               <ul style="list-style-type: none"> <li>- <i>How to store food correctly?</i></li> <li>- <i>How to prevent spoilage of food during preparation, cooking and serving.</i></li> </ul> </li> </ul>  | <b>Dubai Food Safety Inspection System</b> | <ul style="list-style-type: none"> <li>● Linking</li> <li>● Analysing</li> <li>● Realising</li> </ul>     | <ul style="list-style-type: none"> <li>● Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites<br/> <a href="https://www.youtube.com/watch?v=RfgK8fXlcJo">https://www.youtube.com/watch?v=RfgK8fXlcJo</a> </li> </ul> |
| <ul style="list-style-type: none"> <li>● The Cooker/ Equipment               <ul style="list-style-type: none"> <li>- <i>Recognise, name and label parts of the cooker whilst planning and preparing a healthy snack using the grill.</i></li> </ul> </li> </ul>  |  | <ul style="list-style-type: none"> <li>● Meta-Thinking</li> <li>● Linking</li> <li>● Analysing</li> </ul> | <ul style="list-style-type: none"> <li>● Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites</li> </ul>   |

## Break

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|---|--|--|--|
| <ul style="list-style-type: none"> <li>• <b>Weighing and Measuring</b> <ul style="list-style-type: none"> <li>- <i>Explore a range of ways ingredients can be weighed and measured including appropriate units</i></li> </ul> </li> </ul>   |  | <ul style="list-style-type: none"> <li>• Meta-Thinking</li> <li>• Linking</li> <li>• Analysing</li> <li>• Creating</li> <li>• Realising</li> </ul> | <ul style="list-style-type: none"> <li>• Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites</li> </ul> |
| <ul style="list-style-type: none"> <li>• <b>Eating for Health / Healthy Eating</b> <ul style="list-style-type: none"> <li>- <i>Understand the basis of the “Eatwell Guide” and identify why eating from each group is important</i></li> </ul> </li> </ul>  | <b>Healthy to Happy School Initiative</b>                                | <ul style="list-style-type: none"> <li>• Linking</li> <li>• Analysing</li> <li>• Realising</li> </ul>  | <ul style="list-style-type: none"> <li>• Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites</li> </ul> |
| <ul style="list-style-type: none"> <li>• <b>Making Healthier Choices</b> <ul style="list-style-type: none"> <li>- <i>Taking greater responsibility for our health</i></li> <li>- <i>Advice related to healthy eating: “8 Tips for healthier choices”</i></li> </ul> </li> </ul>   | <b>Obesity rates in UAE Vs. RoW</b>                                      | <ul style="list-style-type: none"> <li>• Meta-Thinking</li> <li>• Analysing</li> <li>• Linking</li> <li>• Realising</li> </ul>                     | <ul style="list-style-type: none"> <li>• Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites</li> </ul> |
| <ul style="list-style-type: none"> <li>• <b>Vegetarianism</b> <ul style="list-style-type: none"> <li>- <i>Different types of vegetarian diets</i></li> <li>- <i>Reasons why people choose to become vegetarians</i></li> <li>- <i>Identify food sources and alternatives (non-dairy/meat alternatives)</i></li> </ul> </li> </ul> | <b>Prevalence of Vegetarian Restaurants In UAE</b><br><br><b>GULFOOD</b> | <ul style="list-style-type: none"> <li>• Linking</li> <li>• Analysing</li> <li>• Realising</li> </ul>  | <ul style="list-style-type: none"> <li>• Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites</li> </ul> |
| <ul style="list-style-type: none"> <li>• <b>Breakfast</b> <ul style="list-style-type: none"> <li>- <i>Identifying the importance of eating breakfast</i></li> <li>- <i>(Design/create a healthy breakfast)</i></li> </ul> </li> </ul>   | <b>Traditional UAE breakfast</b>   | <ul style="list-style-type: none"> <li>• Linking</li> <li>• Analysing</li> <li>• Creating</li> <li>• Realising</li> </ul>                          | <ul style="list-style-type: none"> <li>• Resources on phoenix classroom Youtube , Kahoot, powerpoints, websites</li> </ul> |

**Term 1**